

# Yaxham Cares



Update No 4 - 29/03/2020

Dear Resident,

We have this week undertaken shopping, surgery trips and prescription collections on behalf of Yaxham Parish residents self-isolating due to COVID-19. This update is to highlight new information we are aware of. Please remember, we can help with:

- Picking up shopping or posting mail
- Picking up urgent supplies/prescriptions
- Community Car Scheme trips to medical appointments
- A weekly phone-call for a friendly chat and to check whether you need anything

For shopping, please think ahead so that you use this service once a week at most - apologies we cannot do daily deliveries just because you've remembered something extra.

## More volunteers please

We have had a great response, and were almost up to 50. However, as Government guidelines have tightened a lot of our volunteers are, or live with, someone who is either over 70 or have underlying conditions, and therefore having to self-isolate. This is just as we expect demand to rise for our help. So if you and your family are under 70, and do not have underlying conditions, we would love to hear from you let us know what you can do to help as a Yaxham Cares volunteer - email [yaxhamcares@gmail.com](mailto:yaxhamcares@gmail.com)

## Service Update - our latest understanding of local services:

Please check the current position directly when you want to use a service. For shopping later in the day/evening seems to mean less queues, especially at supermarkets. Please call/email us if you find anything that differs from this update or you find new services.

1. **Mattishall Surgery & Pharmacy;** 01362 850227/871160 The Surgery is operating a telephone appointment system. You need an appointment to get past Reception. The Pharmacy, 3 people limit, others queue outside until called. Please maintain social distancing - **Open 9am-1pm, 2pm-6pm Mondays to Fridays - new advice.**
2. **Food supplies**
  - a. Paul's Fish comes into the village around 11.15-45am every Tuesday. Orders by call or send a text message on Mob. 07765163399 by Tuesday 8.30am Cash only - **new advice.**
  - b. Hewitts Butchers in Mattishall are only taking phone orders (Tel. 01953 453423) and delivers to Yaxham on Fridays - **new advice**
  - c. The Acorn Hut "Farm-Shop & Nursery", Mattishall - still open to the public, 1 person at a time in the shop, contactless payment preferred - only Taking click and collect orders by email to [theacornhutfarmshop@gmail.com](mailto:theacornhutfarmshop@gmail.com) if possible - if not message Mob. 07885 666868. Not delivering. - **new advice**
  - d. Victoria Stores and Mattishall News are still open

- e. The Goat Shed, Honingham, is still open, allowing only one person in at a time, now has bread, eggs, milk & vegetables with its cheeses, open, Tel. 01603 880685 [www.fieldingcottage.co.uk](http://www.fieldingcottage.co.uk), also online shop - **new advice**

### 3. Dereham

- a. CC Wells - fresh fruit & veg, open to the public, only 5 people in shop at a time. Email [orders@ccwells.co.uk](mailto:orders@ccwells.co.uk) for click & collect, not delivering - **new advice**
- b. Tesco - strictly controlled queuing "1 in, 1 out" & long queues, only 3 of any one product at a time - 9-10am priority time for elderly Mondays, Wednesdays & Fridays, for NHS staff Tuesdays & Thursdays - **new advice**
- c. Morrisons, - open, social distancing rules apply, and limitations on certain goods, café is now take-away, 7-8am each day NHS staff only - **new advice**
- d. Lidl, Aldi - open, social distancing rules apply, imitations on certain goods - **new advice**
- e. The Co-Op in Toftwood & also Roys, both are re-stocking regularly.
- f. Most other shops shut, except banks, petrol stations, takeaways, news agents


4. **Newspaper deliveries** - Ideal Dereham News deliver in Yaxham (currently) and are accepting new customers. 01362 892784 [dnews8@gmail.co](mailto:dnews8@gmail.co)

5. **Breckland Council Services** see <https://www.breckl.gov.uk/coronavirus> for links to: the latest Public Health England advice; Breckland service updates and Breckland's support for businesses and employees. - **new advice**

### 6. Norfolk County Council Statutory Services

7. See <https://www.norfolk.gov.uk/care-support-&health/health-&wellbeing/adults-health/coronavirus/how-you-can-help>

8. **Konnect 4 Revised bus timetable** from 30<sup>th</sup> March 2020 - **new advice**

 w: <a href="http://konectbus.co.uk">konectbus.co.uk</a> e: <a href="mailto:feedback@konectbus.co.uk">feedback@konectbus.co.uk</a> @konectbuses									
<b>Swanton Morley - Dereham - Mattishall - N&amp;NU Hospital - Norwich</b>									
<b>Emergency timetable from Saturday 28 March 2020 (due to COVID-19)</b>									
<b>Monday to Saturday</b>									
Swanton Morley, Barracks	✓								
Swanton Morley, Primrose Crescent	06:35	07:35	08:40	09:40		11:40		14:40	
Dereham, Market Place	06:41	07:41	08:46	09:46		11:46		14:46	
	06:53	07:53	08:55	09:55		11:55		14:55	
Dereham, Market Place	✓								
Dereham, Tesco	06:10	06:55	07:55	09:00		11:00		13:00	15:00
Yaxham, Bus Shelter				09:08		11:08		13:08	15:08
Mattishall, Church	06:18	07:05	08:06	09:12		11:12		13:12	15:12
East Tuddenham, Pump	06:27	07:16	08:17	09:22		11:22		13:22	15:22
Easton, Marlingford Road	06:31	07:20	08:21	09:26		11:26		13:26	15:26
N&N Hospital	06:39	07:28	08:31	09:33		11:33		13:33	15:33
UEA	06:50	07:42	08:47	09:47	✓	11:33		13:33	15:33
Norwich, Bus Station	06:58	07:49		09:57		11:47		13:47	15:47
	07:11	08:03		10:11		11:57		13:57	15:57
						12:11		14:11	16:11
								16:11	17:11
<b>4 Norwich - Hospital - Dereham - Swanton Morley</b>									
Norwich, Bus Station	✓	✓	✓						
UEA	07:15	08:15	10:15			12:15		14:15	16:25
N&N Hospital	07:27	08:33	10:28			12:28		14:28	16:42
Easton, Marlingford Road	07:35	08:44	10:38			12:38		14:38	16:42
East Tuddenham, Pump	07:47	08:54	10:48			12:48		14:48	16:55
Mattishall, Church	07:55	09:00	10:55			12:55		14:55	17:08
Yaxham, Bus Shelter	08:01	09:04	11:00			13:00		15:00	17:17
Dereham, Tesco	08:12	09:14	11:08			13:08		15:08	17:20
Dereham, Market Place	08:19	09:18	11:12			13:12		15:12	17:30
		09:24	11:21			13:21		15:21	17:34
Dereham, Market Place									17:34
Swanton Morley, Primrose Crescent		09:25	11:25			14:25		17:41	18:34
Swanton Morley, Barracks		09:33	11:33			14:33		17:50	18:41
		09:38	11:38			14:38		17:55	18:46

## Contact us and we'll do our best to help you!

Please Contact: [yaxhamcares@gmail.com](mailto:yaxhamcares@gmail.com) or call...

Richard	07780 972206	Parish Councillor
Ian	01362 854248	Parish/Ward Councillor
Peter	01362 696555	Chair of Yaxham Village Hall
Jennie	01362 696555	Community Car Scheme

If you would like to **volunteer** please contact us - we need you!!!

Email [yaxhamcares@gmail.com](mailto:yaxhamcares@gmail.com)

If you would like to receive regular emails about what is happening in Yaxham, please email [np4yaxham@gmail.com](mailto:np4yaxham@gmail.com) to join the regular email list, or follow Yaxham Neighbourhood Plan on Facebook

### Supported by:

Yaxham Parish Council, Yaxham Village Amenities Association,  
Yaxham Community Car Scheme, St Peter's Church  
[#yaxhamcares](#) Yaxham (VA) Primary School [#viralkindness](#)

### For more information see

see [www.yaxham.com/](http://www.yaxham.com/) or  
[www.np4yaxham.com/yaxhamcares](http://www.np4yaxham.com/yaxhamcares) or email  
[yaxhamparishclerk@gmail.com](mailto:yaxhamparishclerk@gmail.com)

Yaxham Cares is organised by the Yaxham Parish Council Yaxham Cares Working Group and comes under the Yaxham Parish Council policies  
- see [www.yaxham.com/parish-council/](http://www.yaxham.com/parish-council/)

### *Please note:*

*All involved in Yaxham Cares, including those requesting help, do so in good faith and at their own risk. Neither Yaxham Cares nor its supporting organisations can accept any liability arising from the operation of Yaxham Cares.*

### Published by

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